

# Quit tobacco with Group Quit.

There's never been a more important time to quit.



**In-Person Group Sessions**



**Virtual Group Sessions**

## Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.\*
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

\*if medically appropriate for those 18 years of age or older

### Group Schedule:

#### **Citrus County 4-Week In-Person Group Quit Session**

**Robert Boissoneault Oncology Institute  
552 North Lecanto Hwy, Lecanto  
Tuesdays, March 10 - March 31, 2026  
10:00 - 11:00am**

#### **One-Time In-Person Group Quit Session**

**CareerSource Citrus Levy Marion  
683 South Adolph Point, Lecanto  
Thursdays, March 5, 2026  
1:30 - 3:30pm**

**Langley Health - Lecanto  
595 North Lecanto Hwy, Lecanto  
Thursday, March 12, 2026  
10:30am - 12:30pm**

**Registration is required.**

**Call the GNAHEC office or register online:  
[TobaccoFreeFlorida.com/GroupQuitCalendar](https://TobaccoFreeFlorida.com/GroupQuitCalendar)**

### Sponsored by:



**GULFCOAST NORTH  
AREA HEALTH  
EDUCATION CENTER**

For more information on Group Quit sessions, contact:

**Gulcoast North AHEC  
813-929-1000**

**Florida  
HEALTH**



Learn more about all of  
Tobacco Free Florida's tools and services at  
**[TobaccoFreeFlorida.com/QuitYourWay](https://TobaccoFreeFlorida.com/QuitYourWay)**