

Quit tobacco with **Group Quit.**

**There's never been a more
important time to quit.**



Virtual Group Sessions



In-Person Group Sessions

Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.*
*if medically appropriate for those 18 years of age or older
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

Sponsored by:



**GULFCOAST NORTH
AREA HEALTH
EDUCATION CENTER**

For more information on
Group Quit sessions, contact:

813-929-1000

Group Schedule:

Pasco County In-Person Group Quit Session

**AdventHealth Zephyrhills
7050 Gall Blvd, Zephyrhills
Wednesday, February 4, 2026
10:00am - 12:00pm**

**Baycare - Morton Plant North Bay Hospital
6600 Madison Street, New Port Richey
Wednesday, February 11, 2026
4:00 - 6:00pm**

**Good Samaritan Health Clinic of Pasco 5334
Aspen Street, New Port Richey
Tuesday, February 17, 2026
2:00 - 4:00pm**

**Metropolitan Ministries
3214 U.S. Highway 19, Holiday
Tuesday, February 19, 2026
2:00 - 4:00pm**

**Registration is required. Call the GNAHEC
office or register online:
TobaccoFreeFlorida.com/GroupQuitCalendar**

**Florida
HEALTH**



Learn more about all of
Tobacco Free Florida's tools and services at
TobaccoFreeFlorida.com/QuitYourWay