

Quit tobacco with Group Quit.

There's never been a more important time to quit.



In-Person Group Sessions



Virtual Group Sessions

Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.*

*if medically appropriate for those 18 years of age or older

- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

Group Schedule:

Citrus County

4-Week In-Person Group Quit Session

CareerSource Citrus Levy Marion

683 South Adolph Point, Lecanto

Thursdays, February 5 - February 26, 2026

1:30pm - 2:30pm

One-Time In-Person Group Quit Session

Robert Boissoneault Oncology Institute

552 North Lecanto Hwy, Lecanto

Tuesday, February 10, 2026

10:00am - 12:00pm

Langley Health - Lecanto

595 North Lecanto Hwy, Lecanto

Thursday, February 12, 2026

10:30am - 12:30pm

Registration is required.

**Call the GNAHEC office or register online:
TobaccoFreeFlorida.com/GroupQuitCalendar**

Sponsored by:



**GULFCOAST NORTH
AREA HEALTH
EDUCATION CENTER**

For more information on Group Quit sessions, contact:

**Gulfcoast North AHEC
813-929-1000**

**Florida
HEALTH**

**Tobacco Free
Florida
.com**

Learn more about all of Tobacco Free Florida's tools and services at TobaccoFreeFlorida.com/QuitYourWay