

# Quit tobacco with **Group Quit.**

There's never been a more important time to quit.



**In-Person Group Sessions**



**Virtual Group Sessions**

## Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.\*

\*if medically appropriate for those 18 years of age or older

- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

### Group Schedule:

#### **Citrus County** **One-Time In-Person** **Group Quit Session**

**Langley Health - Lecanto**  
**595 North Lecanto Hwy, Lecanto**  
**Thursday, January 8, 2026**  
**10:30am - 12:30pm**

**CareerSource Citrus Levy Marion**  
**683 South Adolph Point, Lecanto**  
**Thursday, January 8, 2026**  
**1:30pm - 3:30pm**

**Robert Boissoneault Oncology Institute**  
**552 North Lecanto Hwy, Lecanto**  
**Tuesday, January 13, 2026**  
**10:00am - 12:00pm**

### Sponsored by:



**GULFCOAST NORTH**  
**AREA HEALTH**  
**EDUCATION CENTER**

For more information on Group Quit sessions, contact:

**Gulfcoast North AHEC**  
**813-929-1000**

**Florida**  
**HEALTH**

**Tobacco Free**  
**Florida**  
**.com**

Learn more about all of  
Tobacco Free Florida's tools and services at  
**TobaccoFreeFlorida.com/QuitYourWay**

**Registration is required.**

**Call the GNAHEC office or register online:**  
**TobaccoFreeFlorida.com/GroupQuitCalendar**