

In-Person Group Sessions



Quit tobacco with **Group Quit.**

There's never been a more
important time to quit.

Sponsored by:



GULF COAST NORTH
AREA HEALTH
EDUCATION CENTER

Group Schedule:

Pasco County One-Time In-Person Group Quit Session

AdventHealth Zephyrhills
7050 Gall Blvd., Zephyrhills
Wednesday, November 5, 2025
10-12 p.m.

Good Samaritan Health Clinic of Pasco
5334 Aspen Street, New Port Richey
Tuesday, November 18, 2025
2-4 p.m.

Metropolitan Ministries
3214 U.S. Highway 19, Holiday
Thursday, November 20, 2025
10-12 p.m.

Baycare - Morton Plant North Bay Hospital
6600 Madison Street, New Port Richey
Thursday, November 20, 2025
6-8 p.m.

Virtual Group Sessions



Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.*
*if medically appropriate for those 18 years of age or older
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

For more information on Group
Quit sessions, contact:

Gulfcoast North AHEC
813-929-1000

**Florida
HEALTH**



Learn more about all of
Tobacco Free Florida's tools and services at
TobaccoFreeFlorida.com/QuitYourWay

Registration is required.

Call the GNAHEC office or register online:
tobaccofreeflorida.com/groupquitcalendar