Quit tobacco with Group Quit.

There's never been a more important time to quit.



Benefits:

- FREE expert-led sessions.
- FREE nicotine replacement therapy such as patches, gum, or lozenges.*

*if medically appropriate for those 18 years of age or older

- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than DOUBLES your chances of success.

Group Schedule:

One-Time In-Person Group Quit Session

CareerSource Citrus Levy Marion 683 South Adolph Point, Lecanto Thursday, September 4, 2025 1:30pm - 3:30pm

Robert Boissoneault Oncology Institute 552 North Lecanto Hwy, Lecanto Tuesday, September 9, 2025 10:00am - 12:00pm

> Langley Health - Lecanto 595 N Lecanto Hwy, Lecanto Thursday, September 11, 2025 10:30am - 12:30pm

Registration is required.
Call the GNAHEC office or register online:
TobaccoFreeFlorida.com/GroupQuitCalendar

Sponsored by:



For more information on Group Quit sessions, contact:

Gulfcoast North AHEC 813-929-1000



Florida HEALTH

Learn more about all of Tobacco Free Florida's tools and services at

tobaccofreeflorida.com/quityourway