

Quit tobacco with Group Quit.

There's never been a more important time to quit.



In-Person Group Sessions



Virtual Group Sessions

Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.*
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

*if medically appropriate for those 18 years of age or older

Group Schedule:

4-Week In-Person Group Quit Sessions

CareerSource Citrus Levy Marion
683 South Adolph Point, Lecanto
Thursdays, October 2 - October 23, 2025
1:30pm - 2:30pm

One-Time In-Person Group Quit Session

Langley Health - Lecanto
595 North Lecanto Hwy, Lecanto
Thursday, October 9, 2025
10:30am - 12:30pm

Robert Boissoneault Oncology Institute
552 North Lecanto Hwy, Lecanto
Tuesday, October 14, 2025
10:00am - 12:00pm

Registration is required.
Call the GNAHEC office or register online:
TobaccoFreeFlorida.com/GroupQuitCalendar

Sponsored by:



**GULFCOAST NORTH
AREA HEALTH
EDUCATION CENTER**

For more information on Group Quit sessions, contact:

Gulcoast North AHEC
813-929-1000



**Florida
HEALTH**

Learn more about all of
Tobacco Free Florida's tools and services at
tobaccofreeflorida.com/quityourway