

Quit tobacco with Group Quit.

There's never been a more important time to quit.



In-Person Group Sessions



Virtual Group Sessions

Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.*
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

*if medically appropriate for those 18 years of age or older

Group Schedule:

One-Time In-Person Group Quit Session

Langley Health - Homosassa
7945 S Suncoast Blvd., Homosassa
Wednesday, November 6, 2024
10:30am - 12:30pm

CareerSource Citrus Levy Marion
683 South Adolph Point, Lecanto
Friday, November 8, 2024
11:00am - 1:00pm

Registration is required.

Call the GNAHEC office or register online:
tobaccofreeflorida.com/groupquitcalendar

Sponsored by:



**GULFCOAST NORTH
AREA HEALTH
EDUCATION CENTER**

For more information on Group Quit sessions, contact:

Gulcoast North AHEC
813-929-1000



Learn more about all of Tobacco Free Florida's tools and services at
tobaccofreeflorida.com/quityourway